

## EXERCISES – FIRST TEENS

### UNIT 4

For questions 1–6, complete the second sentence so that it has a similar meaning to the first sentence, using the word given. Do not change the word given. You must use between two and five words, including the word given. Here is an example (0).

**Example:**

- 0 I ate out more in the past than I do now.

**USED**

I don't eat out ..... *as much as I used to* .....

- 1 The waiter gave me some advice on what to order for my main course.

**RECOMMEND**

My main course ..... by the waiter.

- 2 'You need to cook this chicken for longer,' said Berty.

**ENOUGH**

'This chicken hasn't .....,' said Berty.

- 3 I don't know many good recipes.

**FEW**

I only ..... recipes.

- 4 'Maybe the dish was too spicy,' said Jane.

**MILD**

'Perhaps the dish .....,' said Jane.

- 5 It is important to eat healthily.

**DIET**

Having ..... is of great importance.

- 6 James had baked an elaborate cake for the celebration.

**MADE**

An elaborate cake ..... for the celebration.

For questions 1–8, read the text below. Use the word given in capitals at the end of some of the lines to form a word that fits in the gap in the same line. There is an example at the beginning (0).

**Celebrity chef transforms school meals**

Jamie Oliver, the celebrity chef, is much more than a media  
 (0) personality and he has also done a great deal to improve the quality of  
 school meals in the UK. He began his fight to transform school lunches when he became  
 (1) ..... about the amount of junk food  
 (2) ..... served to kids at school. Further to this, rates of overeating had  
 also (3) ..... and this caused Jamie to take action.

The chef started his campaign by meeting with the prime minister to present the  
 (4) ..... that the government had a duty to provide healthy and well-  
 balanced meals in all schools. He stated that (5) ..... better food in the  
 school canteen would improve students' (6) ....., mood, health, growth  
 and behaviour.

Five years later, school meals in the UK have changed (7) ..... as a result  
 of Jamie's actions. Although initially the scheme was met with some doubt, it is now viewed  
 by most with admiration. Schools are now able to report an (8) ..... in  
 pupils' test results and a decrease in the number of students absent from school.

**PERSONAL**

**HAPPY**

**BE**

**INCREASE**

**ARGUE**

**PROVIDE**

**CONCENTRATE**

**CONSIDERABLE**

**IMPROVE**

**UNIT 5**

**Grammar**

**Zero, first and second conditionals**

Complete each sentence with the correct tense of the verb in brackets.

- 1 If his parents had the money, he would go (go) on the school trip.
- 2 If she ..... (study) hard enough, she will do well in her exams.
- 3 Don't enrol on the course unless you ..... (have) the time to complete it.
- 4 If I pass all of my exams, my parents ..... (buy) me a car.
- 5 You ..... (not find) your homework difficult if you listened more in class.
- 6 If we are absent from school, the teachers ..... (want) to know why.
- 7 Her parents ..... (be) much happier if she was better behaved at school.
- 8 If I can drop a subject, I ..... (choose) history.
- 9 If my parents ..... (allow) it, I would study abroad.
- 10 If I don't study hard, I ..... (not get) the qualifications I need.

**Word formation – suffixes**

4 Use the following suffixes to change the verbs in the box into nouns:  
-ation, -ence, -ment, or -ance. Write them in the correct column.

prefer assist concentrate dominate encourage guide ignore tolerate  
equip hesitate refer involve require agree argue independent

| -ation | -ence | -ment | -ance |
|--------|-------|-------|-------|
|--------|-------|-------|-------|

preference

**UNIT 6**

**Reading and Use of English Part 7**

You are going to read an article about being a vet. For questions 1–10, choose from the people (A–D). The people may be chosen more than once.

**Which person says**

- they need to think about protecting their staff?
- they can feel sad if they are not able to treat a client?
- they grew up in the countryside?
- they feel lucky to be a vet?
- they are often surprised by how grateful clients can be?
- they sometimes feel their job is demanding?
- they are not concerned by the negative aspects of their job?
- they think it is important to be flexible about how your career will progress?
- they think being a vet can be a very varied profession?
- they help other vets acquire the skills they need?

**A Amy**

From an early age I knew I wanted to be a farm vet. I come from a rural area and a farming background, so the decision to go to vet school came as no surprise to anyone. However, after graduating something quite unexpected happened, and my career went in a completely different direction. But, this has turned out to be a good thing and now I realise you shouldn't have fixed ideas when you first start working. I am still a vet, but I don't work on a farm at all. Instead, I work for a small animal practice and I really love my work. The best thing about my job is the bond you develop with the pets and their owners. Pets are a big part of family life for many people, and therefore, it is so important that they receive the correct care and treatment when they need it. The level of appreciation I get for my work sometimes is just amazing. Of course, the negative side to that, is that when you are unable to help, it can also be very upsetting, for me and for my clients. My advice to anyone wanting to be a vet would be to keep an open mind!

**B Toby**

When I first applied to vet school I knew I wanted to work on a farm, with sheep. Currently, I am working on a large farm, but mostly with cattle. I find my job really fascinating and every day brings a new challenge. The best thing about my role is that I get to work outdoors all day and meet other people who like working with farm animals. The only disadvantage to the job is that it can be lonely when I have to go out and the road and it is always quite stressful. This doesn't bother me though, because I get on well with my colleagues and my employer. My goal for the future is to publish an article in the *Veterinary Times*.

**C Rosy**

I work part-time for a small animal practice in my local town and I also give some talks at schools in the area. I have always been fascinated by animals and so I feel really fortunate to have the career I do. My favourite thing about being a vet is that every day there is a new problem to solve. The worst thing is accepting that sometimes you don't have the answer. Still, there are so many different jobs you can have as a vet; it is such an exciting profession. When I was younger, I even travelled with the job and spent some time at a practice in South Africa.

**D Ben**

Since finishing vet school, I have been working in a zoo, taking care of wild animal health. Generally, I deal with any problems that arise and make sure that everything possible is done to prevent the animals from getting sick. For example, we give them X-rays, take blood samples and even check their teeth. I also do some work with training other vets and take part in conservation projects. These projects help reintroduce some species back into the wild. The best thing about my job is that it is very stimulating, and the animals are incredible. The hardest aspect of my job is having to make tough decisions, which will ensure the animal's health and the team's safety. The best advice I can give to anyone wanting this type of role, would be to get involved in voluntary wildlife work.

**UNIT 7**

**1** Complete the sentences with the correct form of the verb in brackets (the infinitive or *-ing* form). In some of the sentences, both are correct.

- 1 I like ..... (cycle) more than any other sport.
- 2 Don't forget ..... (pack) plenty of food and water for the expedition.
- 3 I intend ..... (learn) some new sports next year.
- 4 I am doing this race for charity, so I promise ..... (finish) it.
- 5 I can't stand ..... (run); I prefer swimming.
- 6 I am not a big fan of extreme sports, such as ..... (jump) out of planes.
- 7 I fancy ..... (try) something new this weekend. What do you think?
- 8 I don't mind ..... (climb), as long as we have the right equipment.
- 9 Halfway through the course I wanted to give up, but my friend persuaded me ..... (continue).
- 10 My favourite activity when we go on holiday is ..... (surf).
- 11 I learnt how ..... (ski) from a very young age.
- 12 I plan ..... (go) trekking next summer.



**UNIT 8**

For questions 1–8, read the text below and decide which answer (A, B, C or D) best fits each gap. There is an example at the beginning (0).

Some questions test words which are part of fixed expressions.

Exam Info

**Example:**

- 0 A jumping B falling C launching D pulling

**Bungee Jumping**

Bungee jumping is an extreme sport which involves (0) ..... yourself off a great height, whilst still (1) ..... to a long elastic cord, which is attached to your ankle. Bungee jumping usually takes place from bridges, cliffs or cranes, and the jumper is given the (2) ..... of falling until they are pulled back by the cord. (3) ..... it looking very dangerous, it actually has an excellent (4) ..... record, as most providers are managed by trained and experienced professionals.

The first commercial jump took place in the mid-1930s in New Zealand and was (5) ..... by a man named AJ Hackett. Hackett attempted his first amateur jump in 1986 from the Upper Harbour bridge in Auckland. Since then, he has (6) ..... promoted the sport and it has now been experienced by millions (7) ..... In 1987 he even did a jump off the Eiffel Tower in order to draw (8) ..... to the sport.

- |                   |                 |               |               |
|-------------------|-----------------|---------------|---------------|
| 1 A combined      | B united        | C connected   | D holding     |
| 2 A emotion       | B awareness     | C thought     | D sensation   |
| 3 A Despite       | B Although      | C Even though | D However     |
| 4 A safety        | B security      | C safeness    | D maintenance |
| 5 A structured    | B created       | C made        | D organised   |
| 6 A urgently      | B severely      | C roughly     | D actively    |
| 7 A international | B worldwide     | C people      | D global      |
| 8 A recognition   | B consideration | C attention   | D notice      |